## Recipe- Sesame Tomato Dip

# Recipe- Tamatar saag/ subzi/ chutney (No Onion No Garlic)

### Recipe- Coconut Chutney

## Recipe- Cheesy Veggie Dip

Cheesy Veggie Dip



### **Ingredients**

```
Thick Curd 0.5 cup
Cheese Spread/ Mayonnaise (Eggless) 2 tbsp
Grated Carrot 1 tbsp
Grated Capsicum 1 tbsp
Grated Cucumber 1 tbsp
Onion 1 small (Finely chopped)
Crushed Black Pepper 1 tsp
```

Red Chilli flakes 2 tsp Salt 0.5 tsp or as per taste

#### Method

- Beat the thick curd well.
- Mix with cheese spread or mayonnaise.
- Add grated carrot, capsicum, cucumber, chopped onion and mix well.
- Now mix with crushed black pepper, red chilli flakes and salt.
- Refrigerate for half an hour.
- Serve chill with nachos, sandwich, cutlets etc.

#### **Tips**

Check if cheese spread or mayonnaise is suitable for vegetarians or not.

You may use your choice of veggies.