

**Recipe- How to grow Methi at home in water**

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**Recipe- Leftover Khichdi Cheese Balls**

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**Recipe- Chickpea Rice/ Chole Chawal/ Middle Eastern Pilaf Rice**

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**Recipe- Vegetarian quick and easy Mushroom Spinach Risotto Rice**

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**Recipe- How to sprout  
Fenugreek Seeds/ Ankurit  
Methi Dana**

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**How to peel tomato easily for  
any curry**