

**Recipe- How to sprout  
Fenugreek Seeds/ Ankurit  
Methi Dana**

---

**How to peel tomato easily for  
any curry**

---

**How to make Self Raising  
Flour at home**

---

**How to make Hung Curd/ Greek  
Yogurt/ Yogurt Cheese**

---

# **How to make Pudina/ Mint Powder in microwave**

---

## **Recipe- Instant Mawa using Milk Powder**