

**Recipe- Lauki Kofta Curry  
(Jain Style/ No Onion No  
Garlic) (No fry Kofta)**

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**Recipe- Poha**

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**Recipe- Rice Chakri**

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**Recipe- Moong Daal Cheela**

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**Recipe- Aalu Palak Tikki/**

# **Chaat/ Potato Spinach Cutlet**