

**Recipe- Cream Of Broccoli
Soup (No added cream)**

**Recipe- Baked Kala Chana/
Black Chickpea Kabab (No
Onion No Garlic)**

**Recipe- Creamy and spicy
Black eyed bean/ Lobia Salad**

Recipe- Sliced Baked Potato

Recipe - Healthy Vegetable Sprout Salad