

Recipe - Creamy Mango Pistachio Ice cream

Creamy Mango Pistachio Ice cream
(Eggless also Gelatin free)

Ingredients

Milk 1 liter

Sliced Pistachio 1 tbsp

Saffron 1 pinch

Green Cardamom Powder 1 tsp

Fresh Mango pulp 1 bowl

Fresh Mango chopped 2 tbsp

Whip Cream 1 bowl

Sugar 3 tbsp

Method

- Take milk in a heavy bottom or non stick pan.
- Let it boil on high flame.
- Once milk starts boiling turn the flame to low.
- Partially cover the pan and keep stirring at regular intervals.
- When milk is reduced to 3/4 add green cardamom powder and sliced pistachio.
- Soak saffron in a tbsp of cold milk and add to the milk mix well.
- Add sugar and let it cook for further 15 minutes on low flame.
- Keep stirring and scrapping the side at regular intervals.
- Switch off the flame and let it cool down to room temperature.
- Refrigerate for around one hour.
- Add whipped cream and beat with hand mixer on high for 4-5 minutes.
- Now add mango pulp and again beat for another 4-5

minutes.

- Now mix gently chopped mangoes.
- Pour in to the ice cream molds or in any air tight container.
- Deep freeze for atleast 3-4 hours.
- Now before serving remove from freezer and keep in refrigerator for 15 minutes.
- This will help easy scooping with a creamy texture.
- Serve chill.

Tips

Keep stirring and scrapping the side at regular intervals otherwise milk might burn.

Refrigerate only when milk is at room temperature.

Adjust sugar as per your taste.

“Be Vegetarian be Happy”

“Live and Let Live”

Recipe- Chilled Dry Fruit Milk

Chilled Dry Fruit Milk

Ingredients

Milk 1 liter

Sliced Almond 1 tbsp

Sliced Pistachio 1 tbsp

Saffron 1 pinch

Green Cardamom Powder 1 tsp

Crushed Black Pepper 0.5 tsp

Sugar 3 tbsp

Method

- Take milk in a heavy bottom or non stick pan.
- Let it boil on high flame.
- Once milk starts boiling turn the flame to low.
- Partially cover the pan and keep stirring at regular intervals.
- When milk is reduced to 3/4 add cgsliced almond and pistachio.
- Soak saffron in a tbsp of cold milk and add to the milk mix well.
- Add sugar and let it cook for further 15 minutes on low flame.
- Keep stirring and scrapping the side at regular intervals.
- When milk is reduced to half, switch off the flame and pour the milk in an airtight container.
- Cap the container when milk is at room temperature
- Serve chill.

Tips

Keep stirring and scrapping the side at regular intervals otherwise milk might burn.

Refrigerate only when milk is at room temperature.

Adjust sugar as per your taste.

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Recipe - Choco Cake Pops (Eggless)

Eggless Choco Cake Pops

Ingredients

Eggless Chocolate Cake sponge 1 small
Melted Dark chocolate 1 cup
Melted White chocolate 1 cup
Grated milk chocolate 2 tbsp
Colorful Cadbury Gems 1 tsp
Wooden Pop sticks few

Method

- Mash or grind chocolate cake sponge.
- Add 1 tbsp melted milk chocolate and mix well.
- Make medium size ball out of it and keep aside.
- Melt dark and white chocolate chunks with double boiler method.
- Take one pop stick and dip one end in melted dark chocolate.
- Now insert chocolate coated end of the stick in a ball and then dip the ball in melted white chocolate in a way that there is a perfect coating of chocolate on the ball. Keep aside or make the stand somewhere so that it does not fall down.
- Now take another stick and dip one end in melted dark chocolate then insert in another ball. Again dip in melted dark chocolate in a way to coat the ball completely and then make it stand somewhere.
- Like this make all the balls and sprinkle some grated chocolate and garnish with Gems as per your choice and creativity.
- Now refrigerate all the balls for an hour so that chocolate coat sets on.

Tips

Be creative and make all your designs with different colors and types of chocolates.

Do not forget to dip one side of stick in melted chocolate before inserting in the cake ball otherwise it may fall down. If you do not want your pops with stick remove the sticks before refrigerating them.

You may also melt the chocolate in microwave. For that take chocolate pieces in a glass bowl and microwave on high just for a minute it will not melt completely so whisking whisk in regular intervals.

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