

**Recipe- Beetroot Shortbread  
Cookies**

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**Recipe- Vegetable Tomato Soup**

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**Recipe- Beetroot Soup**

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**Recipe- Baked Kala Chana/  
Black Chickpea Kabab (No  
Onion No Garlic)**

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**Recipe -  
Yogurt**

**Beetroot**

**Raita/**