

**Recipe- Spicy Kakora Fry/
Kantola sabzi**

**Recipe- Mirch ka Salaan (Jain
Style/ No Onion No Garlic)**

**Recipe- Lauki Kofta Curry
(Jain Style/ No Onion No
Garlic) (No fry Kofta)**

**Recipe- Soyabean Spinach
Curry**

Recipe- Jain Chole Bhature

Recipe- Dahi Kabab in Spinach Capsicum Gravy