

**Recipe- Vegan Whole Wheat
Apple Masala Muffin**

**Recipe- Eggless Soft Spongy
Date cake/ Christmas Cake**

**Recipe- Lauki Kofta Curry
(Jain Style/ No Onion No
Garlic) (No fry Kofta)**

**Recipe- Healthy Vegetable
Sprout Salad**

Recipe- Poha

Recipe- Masala Milk