

**Recipe- Lauki Rice/ Pulav
(Bottle Gourd/Calabash)**

Recipe- Rice Pops

**Recipe- Aata Halwa/ Whole
wheat pudding/ Karha Prashad**

Recipe- Vermicelli Kheer

Recipe- Beetroot Raita/

Yogurt

**Recipe- Vegetable Dalia
(Namkeen/ Upma/ Khichdi)**