

**Recipe- Spicy Besani Aloo**

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**Recipe- Lauki Rice/ Pulav  
(Bottle Gourd/Calabash)**

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**Recipe- Stuffed Capsicum/  
Bharvan Shimla Mirch**

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**Recipe- Zhatpat Papad ki  
Sabzi**

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# **Recipe- Tamatar saag/ subzi/ chutney (No Onion No Garlic)**