

**Recipe- Cream Of Broccoli  
Soup (No added cream)**

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**Recipe- White Steamed Rice**

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**Recipe- Lauki Kofta Curry  
(Jain Style/ No Onion No  
Garlic) (No fry Kofta)**

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**Recipe- Poha**

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# **Recipe - Sabudana Khichdi/ Poha**