

**Recipe- Whole Wheat Steamed
Vegetable Momos Dim sum
Wonton Dumplings**

**Recipe- Chatpati Chaat in
Edible Bowl**

**Recipe- Vegetarian quick and
easy Mushroom Spinach Risotto
Rice**

**Recipe- How to sprout
Fenugreek Seeds/ Ankurit**

Methi Dana

Recipe- Tomato Peanut Chutney