

**Recipe- Baked Kala Chana/
Black Chickpea Kabab (No
Onion No Garlic)**

**Recipe- Baked Vegetable Pasta
(in White Sauce)**

**Recipe- Vegetable Daliya
(Namkeen/ Upma/ Khichdi)**

**Recipe- Healthy Vegetable
Sprout Salad**

Recipe- Baked Potato Jacket/ Spud